

Our Associates

We work with a constellation of small companies that provide specialist services that include,

- Global Lifestyle Harmony - Motivational mapping; coaching; change agent; effective gender communication
- Corporate Heart - Healthy work behaviour; Cultural change
- Luke Hillier Fitness - Personal training
- Lifestyle Liberty - Lifestyle design
- Frances Fewell Associates – Complementary Therapies; stress management; relaxation; meditation
- Ambra Burls Associates – EcoCare – green environment; ecotherapy; managing mental health and wellbeing

